



“SHAIKH CENTRAL SCHOOL CONDUCTED GOOD TOUCH AND BAD TOUCH AWARENESS SESSION”

Shaikh Central School conducted an informative **Good Touch and Bad Touch Awareness Session** on **21st July 2026** to promote personal safety and child protection among students. The session was led by **Dr. Naheeda**, who sensitively explained the concept of good touch and bad touch in a simple and age-appropriate manner. She helped students understand that a good touch makes them feel safe, cared for, and comfortable, whereas a bad touch can make them feel uncomfortable, frightened, or confused. Dr. Naheeda encouraged students to trust their feelings, confidently say "No" to any inappropriate touch, move away from unsafe situations, and immediately report such incidents to trusted adults, including parents, teachers, or guardians. The interactive session emphasized the importance of body awareness, personal boundaries, and open communication. Students actively participated and gained valuable knowledge on protecting themselves from unsafe situations. The awareness programme successfully empowered students with confidence and reinforced the importance of speaking up to ensure their safety and well-being.



